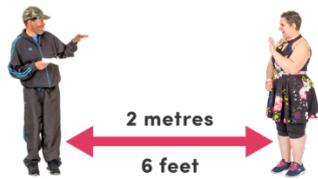




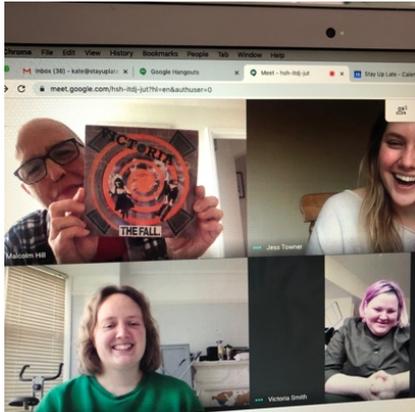
## Our Coronavirus Lockdown plan 26<sup>th</sup> March '20

An illustration of several orange and red coronavirus particles. The text 'Corona virus' is written in black, with 'COVID 19' in smaller black text below it.	<p>The coronavirus is spreading around the world and can make people very ill.</p>
A photograph of a woman with a white headband waving her right hand. To her right is a pink silhouette of a person in a wheelchair with a starburst above their head.	<p>We have to stop parts of the Gig Buddies project until further notice because of the coronavirus.</p>
A photograph of three people looking distressed. A man in the background has his hand to his forehead, a man in the foreground has his hand to his chest, and a woman in the foreground has her hand to her mouth.	<p>This is to try to stop the virus from spreading and making people ill.</p>
A grey rectangular sign with the word 'Closed' in bold black text, hanging from a chain.	<p>Our office is closed to keep our staff safe from the virus.</p> <p>This means we can't answer the phone or check the answerphone.</p> <p>We have a new phone number that you can use. (See the end of this message).</p>



You cannot attend socials or meet your gig buddy because of the **social distancing**.

**Social distancing** means we must keep 2 meters apart from people we do not live with.



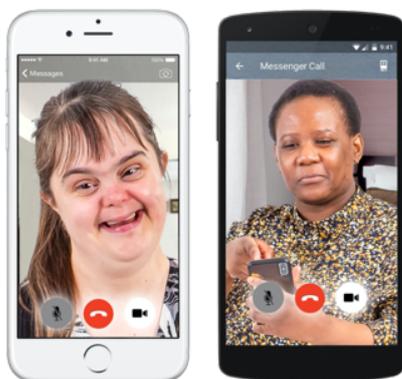
Our staff team are still working from home so you can contact them on the phone or by email.

See the end of this message for details of how to contact us.



You can join us on Facebook most evenings at 8 or 9pm for live music

[www.facebook.com/gigbuddiescoronavirusfest](http://www.facebook.com/gigbuddiescoronavirusfest)



We will still check in with each Gig Buddy participant every 2 weeks on the phone whilst we are told to stay at home.

These will be short phone calls to see how you are doing.



We will be running **virtual socials** online for gig buddies to chat to their friends.

We will let you know when we are running these.

They will be run through online video calls and we will send you instructions on how to join them.

**GIG BUDDIES**  
SOUND PEOPLE

## Gig Buddies Newsletter

JANUARY - MARCH 2020

Hi Gig Buddies,  
Here is the newsletter for January, February and March 2020.  
We are going to send out newsletters every 3 months now to help give you more notice about the socials we are running.  
Your next newsletter will be sent out in April.  
From the Gig Buddies and Stay Up Late team

**GIG BUDDIES CELEBRATING 1 YEAR**

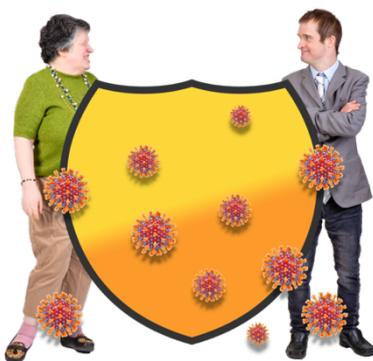
**Nick and Bernie**

This picture is taken at Legends having a drink after seeing 'Absolute Bowie' at Concorde 2.  
Nick says..... "I have known Bernie as his gig buddy for just over a year now and it has been great getting to know him better, going to places that I have not been to before, even though I have lived in Brighton for over 20 years, and seeing bands with him. The 'original'



We will send out our newsletter by email or post with information about Gig Buddies.

We will only post this to people that we don't have an email address for.



Keep safe and follow the government guidelines on how to keep safe from the coronavirus.



## How to contact the team

Our new office number is:

020 3920 8471

This is a voicemail but if you leave a message we will get back to you.



Email us at:

[info@stayuplate.org](mailto:info@stayuplate.org)